

## Grades 2-4 Pre-Writing Training Set

**DIRECTIONS**

It is important to be healthy. There are many ways to stay healthy. Look carefully at the pictures. Answer the questions. This will help you later to write about staying healthy.



**1**

Describe what you see in each of the pictures.

**2**

What are some things you see in the pictures that help keep you healthy?

**3**

What are some other ways to stay healthy?

## Student Responses for Item 1

### Sample A

1 people jogging and fruits,  
Vegetables.

Score:

### Sample B

1 I see Pole ran

Score:

### Sample C

1  
I see it PePol jogging in  
the Park.

Score:

### Sample D

1  
Some persons are keeping  
there selves healthy.

Score:

### Sample E

1

gpo.

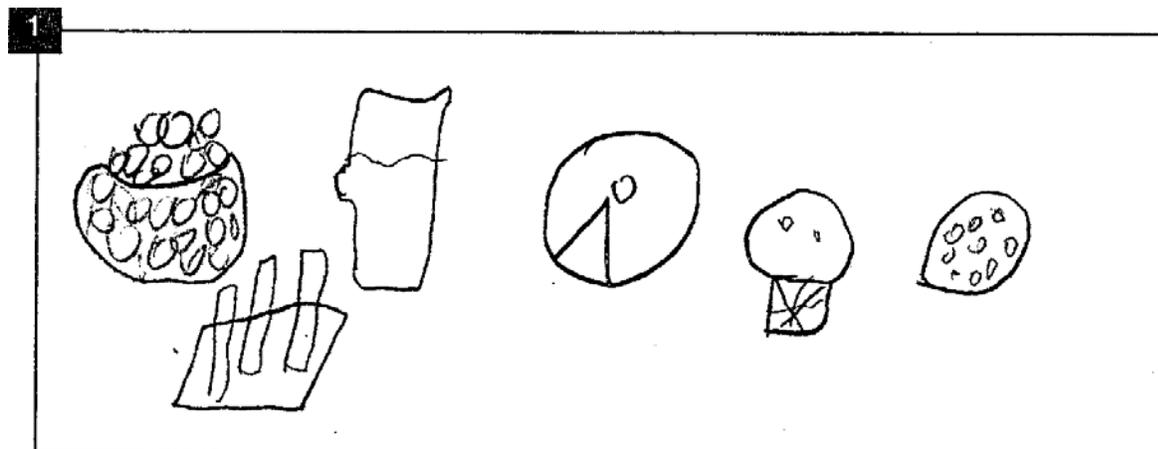
Score:

### Sample F

I see a woman in a backycle  
and a man roning and a see trees  
and on a dog I think they are  
whith a dog I think they are  
doing es'is aded.  
and I see alot of frou in  
baskets.

Score:

### Sample G



Score:

### Sample H

1 I see a pictures people doing runing  
and I see in the pictures there is a lot  
of food.

Score:

### Sample I

I see some pe u a vent running.  
I see some f u e t.

Score:

### Sample J

The people are running so they  
can stay healthy. The food is  
healthy for them so they  
can stay healthy. They are  
doing exercise.

Score:

## Student Responses for Item 2

### Sample A

2

I see Aipp and I see tree  
and Juse and vase and pens  
and lat a ding

Score:

### Sample B

2

I see we could exices and eat  
alot of moathy food.

Score:

### Sample C

2 milk, fruit, salad, biscuits, egg keep healthy

Score:

### Sample D

2 I see flowers and a pie  
and a egg and a  
COP O YUS

Score:

**Sample E**

2 The women rite her bike  
and the two women runing.

Score:

**Sample F**

2 I see Dog is wagin and two rannin  
I see eve the Lunch

Score:

### Sample G

2  
Men is Woke

Score:

### Sample H

2  
Apple, mego and Peter

Score:

### Sample I

2 The Thing I see that could keep me Healthy  
is APPLE, egg, and I see people run, Juggling,  
and Ring Bicks.

Score:

### Sample J

2  
alut  
rain  
ford  
milik  
egis

Score:

### Student Responses for Item 3

#### Sample A

3

Bx eating vegetables  
every day.

Score:

#### Sample B

3

I can do more exercise and eat  
more healthy.

Score:

### Sample C

3  
Geting sun bern and puting theritlin  
cloths.

Score:

### Sample D

3  
Some ways is runing, eating Huthy Food ~~NOT~~  
(Juck Food), xsrside, walking.  
I well Never Grick, Smok that way  
I wont die or get cansr. I would  
eat Halthy and stay Huthy.

Score:

### Sample E

3 Y tinc is miok en Pan en eex en  
pp:za en quei.

Score:

### Sample F

3 to be healthy. U@ fat to et  
som caret jibs and docren.

Score:

### Sample G

3 ▼

- not eating junk food
- play outside
- eat healthy food
- exsorsize
- ~~not~~

Score:

### Sample H

3 ▼

You will get strong  
and healthy.

Score:

### Sample I

3

I got the key  
wee the feet

Score:

### Sample J

3

run, walk, jumped

Score:

## 2-4 Pre-Writing Training Set Score Points and Explanations

| Question Number | Sample | Score | Explanation  |
|-----------------|--------|-------|--|
| 1               | A      | 2     | <ul style="list-style-type: none"> <li>• Clear response to the question</li> <li>• Two or more relevant ideas that describe both pictures (people, jogging, fruit)</li> <li>• Shows thinking about the topic</li> </ul>                                      |
|                 | B      | 1     | <ul style="list-style-type: none"> <li>• Limited response to question</li> <li>• One relevant idea that describes only one picture</li> <li>• Minimal thinking about the topic</li> </ul>  |
|                 | C      | 1     | <ul style="list-style-type: none"> <li>• Limited response to question</li> <li>• One relevant coherent idea (people) that describes only one picture</li> <li>• Minimal thinking about the topic</li> </ul>  |
|                 | D      | 1     | <ul style="list-style-type: none"> <li>• Limited response to question</li> <li>• One relevant idea that describes only one picture</li> <li>• Minimal thinking about the topic</li> </ul>  |
|                 | E      | 0     | <ul style="list-style-type: none"> <li>• Insufficient to score</li> </ul>  |
|                 | F      | 2     | <ul style="list-style-type: none"> <li>• Full and clear response to the question</li> <li>• Two relevant ideas that describe both pictures</li> <li>• Shows thinking about the topic</li> </ul>  |
|                 | G      | 0     | <ul style="list-style-type: none"> <li>• Irrelevant</li> </ul>   |
|                 | H      | 2     | <ul style="list-style-type: none"> <li>• Clear response to the question</li> <li>• Two relevant ideas that describe both pictures</li> <li>• Shows thinking about the topic</li> </ul>   |
|                 | I      | 1     | <ul style="list-style-type: none"> <li>• Limited response to question</li> <li>• One relevant idea (running) that describes only one picture</li> <li>• Minimal thinking about the topic</li> <li>• "fuat" is not clear enough to be given credit</li> </ul> |
|                 | J      | 2     | <ul style="list-style-type: none"> <li>• Full and clear response to the question</li> <li>• More than two relevant ideas that describe both pictures</li> <li>• Shows thinking about the topic</li> </ul>  |

## 2-4 Pre-Writing Training Set Score Points and Explanations

| Question Number | Sample | Score | Explanation  |
|-----------------|--------|-------|--|
| 2               | A      | 1     | <ul style="list-style-type: none"> <li>Limited response to the question</li> <li>At least one relevant idea that addresses only one picture</li> <li>Shows minimal thinking about the topic</li> </ul>               |
|                 | B      | 2     | <ul style="list-style-type: none"> <li>Clear response to the question</li> <li>Two relevant ideas that address both pictures</li> </ul>  |
|                 | C      | 1     | <ul style="list-style-type: none"> <li>Limited response to the question</li> <li>One relevant idea displayed in a list that addresses one picture (foods)</li> <li>Shows minimal thinking about the topic</li> </ul> |
|                 | D      | 0     | <ul style="list-style-type: none"> <li>Incoherent</li> <li>Irrelevant</li> </ul>   |
|                 | E      | 1     | <ul style="list-style-type: none"> <li>Limited response to the question</li> <li>At least one relevant idea that addresses only one picture</li> <li>Shows minimal thinking about the topic</li> </ul>               |
|                 | F      | 2     | <ul style="list-style-type: none"> <li>Full and clear response to the question</li> <li>Two relevant ideas that address both pictures (running, lunch)</li> <li>Shows thinking about the topic</li> </ul>            |
|                 | G      | 0     | <ul style="list-style-type: none"> <li>Irrelevant (man)</li> <li>Incoherent (woke)</li> </ul>  |
|                 | H      | 1     | <ul style="list-style-type: none"> <li>Limited response to the question</li> <li>One idea that addresses only one picture (apple)</li> <li>Shows minimal thinking about the topic</li> </ul>                         |
|                 | I      | 2     | <ul style="list-style-type: none"> <li>Full and clear response to the question</li> <li>Two or more relevant ideas that address both pictures</li> <li>Shows thinking about the topic</li> </ul>                     |
|                 | J      | 1     | <ul style="list-style-type: none"> <li>Limited response to the question</li> <li>At least one relevant idea that addresses only one picture</li> <li>Shows minimal thinking about the topic</li> </ul>               |

## 2-4 Pre-Writing Training Set Score Points and Explanations

| Question Number | Sample | Score | Explanation  |
|-----------------|--------|-------|--|
| 3               | A      | 1     | <ul style="list-style-type: none"> <li>Limited response to the question</li> <li>One relevant idea</li> <li>Shows minimal thinking about the topic</li> </ul>  |
|                 | B      | 2     | <ul style="list-style-type: none"> <li>Two relevant ideas (exercise, eat <u>more</u> food)</li> <li>Shows thinking about the topic</li> </ul>  |
|                 | C      | 1     | <ul style="list-style-type: none"> <li>Limited response to the question</li> <li>One relevant idea (putting on the right cloths)</li> <li>Shows minimal thinking about the topic</li> </ul>                          |
|                 | D      | 2     | <ul style="list-style-type: none"> <li>Full and clear response to the question</li> <li>Two or more relevant ideas (not eating junk food, walking, never smoke)</li> <li>Shows thinking about the topic</li> </ul>   |
|                 | E      | 0     | <ul style="list-style-type: none"> <li>Incoherent</li> </ul>   |
|                 | F      | 1     | <ul style="list-style-type: none"> <li>Limited response to the question</li> <li>One relevant idea (eat some carrots)</li> <li>Shows minimal thinking about the topic</li> </ul>                                     |
|                 | G      | 2     | <ul style="list-style-type: none"> <li>Full and clear response to the question</li> <li>Two or more relevant ideas (not eating junk food, play outside, exercise)</li> <li>Shows thinking about the topic</li> </ul> |
|                 | H      | 0     | <ul style="list-style-type: none"> <li>Irrelevant (does not address the question)</li> </ul>   |
|                 | I      | 0     | <ul style="list-style-type: none"> <li>Incoherent</li> </ul>   |
|                 | J      | 2     | <ul style="list-style-type: none"> <li>Clear response to the question</li> <li>Two relevant ideas (walk, jump)</li> <li>Shows thinking about the topic</li> </ul>  |

## Grades 2-4 Writing Training Set

### DIRECTIONS

Write about what you need to do to stay healthy. Use your ideas from the Pre-Writing questions to add details to your writing.

1



## Student Responses

### Sample A



Some people want to stay healthy. They run for about one hour. They eat fruits like apples, oranges, bananas, and peaches. They drink water and eat vegetables and other healthy things. They play sports to help their body stay healthy. They do not eat a lot of junk food like candy, chips and ice cream. They want to be very healthy and very strong. You have to eat breakfast, lunch, and dinner.

Sample A (continued)

If you drink a lot of  
soda you won't be healthy.  
Water is a better thing  
to drink, soda is not that  
good for your health.

Score:

### Sample B



I like Apple .  
Lin Dogandzgi's Happy .  
Happy .

Score:

## Sample C



To stay healthy you need to go running. If you eat vegetable and fruit that's an other way of staying healthy. Because carrots are good for your teeth. Milk is good for your body. It makes it big and strong. Some ways to keep you healthy are running. Doing sports like soccer, football, baseball and swimming. In swimming it may not be about running but it's still good for you. In the rest of the sports you are only running. But it's still

## Sample C (continued)

good for you. Like me I always play a sport with my dad it's soccer and base ball. I like them both, but I like soccer more. My dad doesn't now much of baseball. That's why he only teaches me soccer. He takes me to the park and we play soccer there. Some times he teaches me some new moves like how to lift the ball. He's teaching me how to use my chest and head with the soccer ball. I'm getting better each day. Some times I beat him in his favorite sport. I block his every kick he only makes like one goal.

**Sample C (continued)**

Well that's about enough hints  
to play soccer.

**Score:**

## Sample D

1

First, you can stay healthy by exercising. You can exercise by running, playing sports, or even sleeping.

Next, you can stay healthy by eating healthy foods like Apples. You can also eat veges like carrots, bracele, or tomatoes.

Finally, you can stay healthy by doing Jumping jacks or jogging in place. If you keep doing that, it will be fun. Also you can do it by drinking carrot juice or water. You can also stay healthy by doing that every time.

Score:

### Sample E

1

You Have to etc.  
Have boy during Esasase.  
and boy Eting Frute.  
and Oreb Juse and boy  
duricles Milk and you kat 9d 5ra3e

Score:

### Sample F



In order to stay healthy you have to run a lot. You also must play sports like kickball, baseball and lacrosse and soccer. You should swim so your arms and legs get strong. Then you could eat vegetables and drink juice.

Score:

### Sample G

1

These are the way to stay healthy are  
doing exercies, and JUMPing JACKs, and  
PUSHUPS, and there are fruits like apples, caxe,  
Juice, Koolade and running, plus rideing  
a bike.

Score:

## Sample H



honing in the word and some day  
 apple, egg, Sireo, Bred, water, muffins, Sireo,  
 milk, Keonk but with a little shur, flars  
 to smel, fika Souaes bet with no  
 shur, fish, ote Sear lemen but no  
 shur on the lemen apples but no  
 shur to, Sireo but no shur too  
 Beao with shur but loiaes.

Score:

## Sample 1



I am going to  
tell you about healthy  
foods and how to  
stay healthy.

You need to stay  
healthy because if  
you get fat you  
can get sick. You  
can stay healthy by  
walking your dog, run-  
ning and riding  
your bike. The best way

Score:

## Sample I (continued)

to stay healthy  
 is by eating healthy  
 foods like oranges,  
 orange juice, cake, turkey  
 beans, Apples, potato,  
 eggs, corn bread, milk,  
 donuts, and cup cakes!

As you can see I  
 just told you about  
 how to stay healthy  
 by eating Apples  
 cake, and cup cakes  
 and the other way is  
 to stay healthy is  
 by walking your  
 dog go to the

Score:



## Sample J



To stay healthy you have to exercise. You also have to run, jog, walk. You should also drink water and eat fruits.

If I want to be healthy I will drink juice one glass a day. I would also ride my bike in the park. I would not stay home and watch TV or sleep. I would go outside with my bike and ride it in the park. If it was a rainy day I would stay home eat apples and running around my room for a hour. I would also sleep at 9:00 to get my brain working in the morning.

## Sample J (continued)

When I eat dinner I will only eat less chicken and more vegetable. Also for desert I will eat fruits. If I eat chicken only I will get fat and then it would be hard for me to breathe. Then I would have a heart attack. Then I will die. I do not want to die. That is why being healthy is very important. If you want to be alive you should be healthy. So please be healthy. If you want to be alive!!

I think you all want to live longer. If you are healthy Thank you so much! Also don't be that skinny. Be midam.

This is things to be healthy are eating fruits, jogging, riding

**Sample J (continued)**

a bike, walking up the stairs  
and down the stairs, walking. So  
Be healthy!!  
😊

Score:

## 2-4 Writing Training Set Score Points and Explanations

| Question Number | Sample   | Score    | Explanation  |
|-----------------|----------|----------|--|
| <b>1</b>        | <b>A</b> | <b>3</b> | <ul style="list-style-type: none"> <li>• General control</li> <li>• Some complex thinking about the topic</li> <li>• Some relevant and meaningful details</li> <li>• Errors do not cause confusion about meaning</li> <li>• Developed but listy</li> <li>• Vocabulary and sentence structure are appropriate for the grade span but not varied</li> </ul>                        |
|                 | <b>B</b> | <b>1</b> | <ul style="list-style-type: none"> <li>• Little control</li> <li>• Limited understanding</li> <li>• Few relevant details (I like apple.)</li> <li>• Undeveloped</li> </ul>   |
|                 | <b>C</b> | <b>3</b> | <ul style="list-style-type: none"> <li>• General control</li> <li>• Complex thinking about the topic</li> <li>• Some relevant and meaningful details</li> <li>• Some errors that do not cause confusion about meaning</li> <li>• Somewhat organized</li> <li>• Developed</li> <li>• Vocabulary and sentence structure are appropriate for the grade span</li> </ul>              |
|                 | <b>D</b> | <b>4</b> | <ul style="list-style-type: none"> <li>• Near mastery</li> <li>• Demonstrates complex thinking about the topic</li> <li>• Includes many relevant and meaningful details</li> <li>• Few errors that do not cause confusion about meaning</li> <li>• Well-organized</li> <li>• Vocabulary and sentence structure are somewhat varied and appropriate for the grade span</li> </ul> |
|                 | <b>E</b> | <b>1</b> | <ul style="list-style-type: none"> <li>• Little control</li> <li>• Limited understanding</li> <li>• Few relevant details (You have to eat.)</li> <li>• Serious errors in spelling cause confusion about meaning</li> <li>• Undeveloped</li> </ul>  |

## 2-4 Writing Training Set Score Points and Explanations

| Question Number | Sample | Score | Explanation  |
|-----------------|--------|-------|--|
| 1               | F      | 3     | <ul style="list-style-type: none"> <li>• General control</li> <li>• Complex thinking about the topic</li> <li>• Some relevant and meaningful details</li> <li>• Organized but not well developed</li> <li>• Vocabulary and sentence structure are appropriate for the grade span</li> </ul>  |
|                 | G      | 2     | <ul style="list-style-type: none"> <li>• Some control</li> <li>• Basic understanding of the topic</li> <li>• Minimally developed</li> <li>• Vocabulary is basic for the grade span</li> </ul>  |
|                 | H      | 0     | <ul style="list-style-type: none"> <li>• No control</li> <li>• Demonstrates no understanding of the topic</li> </ul>   |
|                 | I      | 2     | <ul style="list-style-type: none"> <li>• Some control</li> <li>• Basic understanding of the topic</li> <li>• Details that are redundant</li> <li>• Some errors that do not cause confusion</li> <li>• Somewhat disorganized and minimally developed</li> <li>• Vocabulary and sentence structure are basic for the grade span</li> </ul>   |
|                 | J      | 3     | <ul style="list-style-type: none"> <li>• General control</li> <li>• Some complex thinking about the topic</li> <li>• Some relevant and meaningful details</li> <li>• Some errors that do not cause confusion about meaning</li> <li>• Somewhat organized however loses focus on page 2</li> <li>• Developed</li> <li>• Vocabulary and sentence structure are appropriate for the grade span</li> </ul> |