

Comparing NYS Learning Standard 2 to NASPE Standards

Learning Standard 2 – A Safe and Healthy Environment

Students will acquire the knowledge and ability necessary to create and maintain a safe and healthy environment.

Key Idea

Students will demonstrate responsible personal and social behavior while engaged in physical activity. They will understand that physical activity provides the opportunity for enjoyment, challenge, self-expression, and communication. Students will identify safety hazards and react effectively to ensure a safe and positive experience for all participants.

New York State Learning Standards 1 and 2 are similar to the *National Content Standards for Physical Education* developed by the National Association for Sport and Physical Education (NASPE/AAHPERD, 1995, 2004).

New York State Learning Standards – Physical Education (1996)	National Physical Education Standards (NASPE 1995)	National Physical Education Standards (NASPE 2004)
<p>Standard 2 – A Safe and Healthy Environment Students will acquire the knowledge and ability necessary to create and maintain a safe and healthy environment.</p>	<p>The physically educated person:</p>	<p>The physically educated person:</p>
<p>Students will demonstrate responsible personal and social behavior while engaged in physical activity.</p> <p>They will understand that physical activity provides the opportunity for enjoyment, challenge, self-expression, and communication.</p> <p>Students will be able to identify safety hazards and react effectively to ensure a safe and positive experience for all participants.</p>	<p>#5 demonstrates responsible personal and social behavior in physical activity settings.</p> <p>#6 demonstrates understanding and respect for differences among people in physical activity settings.</p> <p>#7 understands that physical activity provides opportunities for enjoyment, challenge self-expression, and social interaction.</p>	<p>#5 exhibits responsible personal and social behavior that respects self and others in physical activity settings.</p> <p>#6 values physical activity for health, enjoyment, challenge, self-expression, and/or social interaction.</p>

New York State Learning Standards are aligned with NASPE’S Content Standards. For more information please see www.aahperd.org/NASPE.

Appropriate Practices related to responsible personal and social behavior while engaged in physical activity

To set a context for the responsible personal and social behavior component of the Learning Standard, it is helpful to review what is considered appropriate professional practice. NASPE has authored publications for high school, middle school, and elementary school levels that explain appropriate and inappropriate practice on a variety of topics including personal and social behavior while engaged in physical activity. These identify key aspects of professional practice for curricula, instruction, and assessment and are presented to provide specific guidelines for instructional practices that support maximum opportunities for student achievement that are developmentally appropriate. Inappropriate practices identify common practices that are counterproductive or even harmful to the physical, mental, social, and emotional development of children and adolescents, and they should be avoided or changed.