

**COURSES ACCEPTED AS MEETING
THE COACHES FIRST AID AND CPR REQUIREMENT
AS OF AUGUST 2011**

***FIRST AID – All cards must be renewed every 3 years or per certifying agency requirements – NO ONLINE COURSES ARE ACCEPTED**

1. A State Education Department approved agency that offers First Aid using the SED course outlines and time requirements: 12 hours **initial**; 5.5 hours **update** (valid for 3 years) (www.emsc.nysed.gov/ciai/physed.html)
- Click on Toolkit, then on Approved Coaching Courses)
2. American Red Cross:
 - a. Responding to Emergencies **NOW VALID FOR ONLY 2 YEARS per ARC**
 - b. Lifeguard Training (**meets FA & CPR certification**)
 - c. NYS First Aid for Coaches
3. NYS DOH/Bureau of Emergency Medical Services:
 - a. Certified First Responder (meets FA & CPR certification)
4. National Safety Council:
 - a. Advanced First Aid, CPR & AED (meets FA & CPR certification)

***ADULT CARDIOPULMONARY RESUSCITATION (CPR) – All cards must be renewed every 1-2 years per certifying agency requirements – NO ONLINE COURSES ARE ACCEPTED**

1. A State Education Department approved agency that offers CPR using the [NEW SED course outline and time requirements](http://www.emsc.nysed.gov/ciai/physed.html): 2.5 hours **initial**; 1.5 hours **update** (must be renewed every 2 years to be valid) check out www.emsc.nysed.gov/ciai/physed.html - Click Toolkit, then on Approved Coaching Courses)
2. National Safety Council (NSC):
 - a. CPR/ AED Course
 - b. Advanced First Aid, CPR & AED
3. American Heart Association Courses (AHA):
 - a. Advanced Cardiac Life Support (ACLS) – (**credited only for CPR/AED**)
 - b. Basic Life Support for Health Care Providers (BLS)
 - c. Heartsaver AED (includes CPR)
4. American Red Cross Courses (ARC):
 - a. Adult CPR/AED
 - b. CPR/AED for the Professional Rescuer (**credited for CPR and AED**)
 - c. Lifeguard Training (**credited for both CPR and First Aid**)
5. American Safety & Health Institute (ASHI)
 - a. Adult CPR/AED

SED does not require the following to have separate certification in First Aid to coach, HOWEVER A VALID CPR CERTIFICATE WILL BE REQUIRED: a. All Nurses b. Physician – Physician Assistant c. Certified EMT/Paramedic d. Certified Athletic Trainer e. Fire & Police Officers (full time)

*For further clarification on other specific First Aid/CPR certification not listed, please contact the Associate in Physical Education at (518) 474-5922.