

COURSE: INDEPENDENT LIVING

CONTENT OUTLINE

I. From Adolescence to Adulthood

- A. Achieving Adult Status
 - 1. biological
 - 2. cognitive
 - 3. social and emotional
- B. Analyzing Personality Traits
- C. Responsibilities of Selecting a Public Official
- D. Legal Privileges of Adulthood
- E. Adult Economic Responsibilities

II. Choices for Adult Lifestyles

- A. Defining Personal Lifestyles
- B. Responsibilities of Families
- C. Effects of Poor Health Habits on Lifestyle
- D. Conservation for a Sustainable World
- E. Voluntary Simplicity as a Lifestyle
- F. My Future Lifestyle

III. Leadership for Adult Living

- A. Types of Leadership Styles
- B. Arranging the Group, Leading the Group
- C. Planning and Executing Celebration Activities

IV. Managing Financial Resources

- A. Economic Principles of Free Enterprise
- B. Planning for Purchasing
- C. Being an Assertive Consumer
- D. Executing Simple Financial Transactions

V. Protecting Financial Resources

- A. Matching Family Goals with Financial Services
- B. Risk Coverage Throughout the Life Cycle
- C. Protecting Financial Records