

COURSE: FAMILY DYNAMICS

CONTENT OUTLINE

- I. Contemporary Families
 - A. Family Functions Within Home and Community
 - B. Contemporary Family Structures
 - C. Family Life Cycle
 - D. Individual Contributions to the Family Unit
 - E. Family Traditions and Customs
- II. Personal Growth Within Families
 - A. Family Influences on Individual Growth
 - B. Lifestyles Prior to Marriage
- III. The Decision to Marry
 - A. Love
 - 1. Types
 - 2. Qualities and characteristics of mature love
 - B. Mate Selection
 - C. Engagement
 - 1. Dynamics of love
 - 2. Relationship danger signals
- IV. Marriage
 - A. Marriage Laws
 - B. Marriage Customs
 - 1. Religious customs
 - 2. Cultural customs
 - C. Planning a Wedding
- V. Marriage Partnership
 - A. Marital Adjustments
 - B. Problem-Solving Techniques
- VI. Parenthood and Marriage
 - A. Responsibilities of Parents
 - B. Growth Factors
 - C. Positive Guidance Techniques
- VII. Family Communication
 - A. Interpersonal Communication Styles
 - B. Effective Communication Techniques Within Family

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CONTENT OUTLINE, continued

- VIII. Family Resource Management
 - A. Financial Planning
 - B. Purchasing Goods and Services
- IX. Families in Crisis
 - A. Internal-External Sources of Crisis
 - B. Effects of Crisis on Family Unit
- X. Family Changes
 - A. Concerns and Impact of Family Changes
 - B. Community Resources
- XI. Family Related Careers
 - A. Career Exploration
 - 1. Outlook
 - 2. Qualities of workers in family related careers
 - B. Transferable Skills