

COURSE: GERONTOLOGY

CONTENT OUTLINE

- I. The Mature Adult in the Lifecycle
 - A. Who is the Mature Adult?
 - B. Myths and Reality of Old Age
 - C. Life Span Potential
 - D. The Aging Process
 - E. Cultural Perspectives of Adulthood/Aging

- II. Understanding the Needs of the Aging
 - A. Physical Needs
 - B. Social Needs
 - C. Intellectual Needs
 - D. Emotional Needs
 - E. Management Considerations
 - F. Communicating: A Two-way Need
 - G. Concerns of the Elderly
 - H. Elderly Abuse

- III. Community Supports for the Aging
 - A. Safety
 - B. Housing
 - C. Recreation
 - D. Public Policy and Human Services
 - E. The Mature Adult as a Resource
 - F. Advocacy/Resources

- IV. Service to the Mature Adult as Potential Employment
 - A. Careers Relating to the Mature Adult
 - B. The Home Care Assistant
 - C. The Entrepreneur: Servicing the Mature Adult