

COURSE: GOURMET FOOD

### OVERVIEW OF COURSE

#### **Goal**

The goal of this course is to expand upon the student's basic food preparation skills and to explore the more complicated procedures of fine cuisine.

#### **Description**

Gourmet Food is an in-depth course in food preparation. Students will learn about advanced preparation techniques, the importance of food appearance and presentation, and the use of specialized equipment. Careers related to food photography, food journalism, and food styling will be discussed. It is suggested that the module on Careers be integrated throughout the course rather than taught as a separate module.

#### **Skills, Knowledge and Behaviors to be Developed**

The ability to:

1. Explain the factors that contribute to culinary excellence.
2. Prepare and present a variety of gourmet foods.
3. Use skills involved in a variety of related careers.