

# Reflection

**Instructions:** Circle those identities in columns 2 and 3 that apply to your life. Look at the pattern of circles in the two columns. Either with a partner or in writing, describe for each of the circled identities: *In what ways you have experienced either privilege and visibility or prejudice and discrimination? Which identities opened doors for you, and which ones made life harder?*

	<b>Agents:</b> groups defined as the “norm” in society; knowingly or unknowingly receive societal advantages over (and often at the expense of) targets	<b>Targets:</b> groups who are discriminated against, marginalized, disenfranchised, and exploited by systems of oppression
<b>Age</b>	Productive adults (ages 25-45 for women, 20-60 for men)	Children, youth, Elders (women over 45, men over 60)
<b>Ability Status</b> (physical, mental, emotional)	Healthy, functional, no apparent disability	People with any form of disability
<b>Religion</b>	Christian or Christian tradition	Everybody else (Muslim, Jewish, Buddhist, Hindu, pagan, atheist, etc.)
<b>Race</b>	White	People of color
<b>Ethnicity</b>	Dominant “European American” culture	All other defined or recognizable ethnicities
<b>Economic Class</b> (in childhood, now)	Middle to wealthy	Poverty or working class
<b>Sexual Orientation</b>	Heterosexual	Lesbian, gay, bisexual, asexual
<b>Indigenous Heritage</b>	Non-native	Native Americans, American Indians, indigenous peoples
<b>National Origin</b>	U.S.-born, U.S. citizens	Immigrants and refugees
<b>Gender</b>	Men, cisgender	Women, transgender, nonbinary, intersex
<b>Language</b>	English	Home language other than English
<b>Education</b>	College degree(s); Highly literate	High school education or less; struggle with literacy
<b>Family Structure</b>	Married, parent with 1-3 biological children	Unmarried, single parent, divorced, polyamorous families, adoptive, foster, or blended family
<b>Body Type/Size</b>	Slim, fit, Medium height for women, tall for men	Large, fat, very short or very tall