B- Muffin or Toast

L- Chicken Tenders, PBJ or

Egg Salad w/ Broccoli

D- Meatloaf with Peas and

Mashed potatoes & Gravy

Breakfast- Fruit, juice and milk included Menu subject to change

L--Lunch- Fruit, Vegetable and milk include

D-Dinner- Milk included This Institution is an Equal Opportunity Provider

B-Assorted cereal or

Toast

L-Cheeseburger, PBJ or Tuna

With Baked Beans

D- Beef Stroganoff and Noodles

With Peas

B-Toast or Bagel

L- Turkey, mashed potato,

Stuffing, corn and dessert

B-Assorted cereal or

Toast

L-Ravioli, PBJ or Tuna

With green Beans

D-Corn Dogs with Baked Beans

B-Waffles or Toast with

Sausage

L- Fish Sandwich, PBJ Or

Chicken Salad with Fries

B- Doughnut or Toast

L- Chicken Nuggets, PBJ or

Egg Salad w/ Broccoli

D- Baked Ziti with Tossed Salad

B-Breakfast Pizza or Toast

L- Ham & Cheese Slider, PBJ or

Tuna with Chips

D- Dorm Dinner

B-Toast or Bagel

L-Mozz Sticks, PBJ or

Egg Salad with Green Beans

D- Chicken Riggies with tossed

salad

B-Omelet with Toast

L- Grilled Hot dog, PBJ or Tuna

with Baked Beans

B-Toast or Bagel

L-Philly Cheese Steak, PBJ or

Egg Salad with French Fries

D- Chicken Fried Rice With

Egg Roll

B-Assorted cereal or

Toast

L-Meatball Sub, PBJ or Tuna

With Green Beans

D-Scalloped Potatoes and Ham

With Peas

B-Pancakes or Toast with

Sausage

L- Fish, PBJ or Chicken

Salad with French Fries

**NOVEMBER 2021**

B-Assorted cereal or

Toast

L-Sloppy Joe, PBJ or Tuna

With Baked Beans

D-Tacos with Refried Beans and

Corn

B-Toast or Bagel

L-Chicken Quesadilla, PBJ or

Egg salad with Corn

D- Chicken & Broccoli Alfredo

With tossed salad

B-Breakfast Sandwich or

Toast

L- Hot Roast Beef Sandwich,

PBJ or Tuna with carrots

D-Stuffed Shells with Salad

B-Assorted cereal or

Toast

L-Cheeseburger, PBJ or Tuna

With Baked Beans

D- Beef Stroganoff and Noodles

With Peas

B-Toast or Bagel

L-Chicken Quesadilla, PBJ or

Egg salad with Corn

D- Chicken & Broccoli Alfredo

With tossed salad