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B-Assorted cereal or

Toast

L-Taco Wrap, PBJ or Tuna

With Refried Beans

D-Corn Dogs with Baked Beans

B-Waffles or Toast with

Sausage

L- Fish Sandwich, PBJ Or

Chicken Salad with Fries

B- Doughnut or Toast

L- Chicken Nuggets, PBJ or

Egg Salad w/ Broccoli

D- Turkey and Corn with

Mashed potatoes & Gravy

B-Breakfast Pizza or Toast

L- Ham & Cheese Slider, PBJ or

Tuna with Chips

D- Baked Ziti with Tossed Salad

B-Toast or Bagel

L-Mozz Sticks, PBJ or

Egg Salad with Green Beans

D- Baked Chicken, Carrots and

Seasoned Potatoes

B-Assorted cereal or

Toast

L-Sloppy Joe, PBJ or Tuna

With Baked Beans

D-Tacos with Refried Beans and

Corn

B- French Toast With

Bacon

L- Pizza, PBJ or Chicken Salad

with Baby Carrots

B- Danish or Toast

L- Chicken Patty, PBJ or

Egg Salad w/ Broccoli

D- Pork and Corn with

Mashed potatoes & Gravy

B-Omelet with Toast

L- Grilled Hot dog, PBJ or Tuna

with Baked Beans

D- Lasagna with Tossed Salad

B-Toast or Bagel

L-Philly Cheese Steak, PBJ or

Egg Salad with French Fries

D- Chicken Fried Rice With

Egg Roll

B-Pancakes or Toast with

Sausage

L- Fish, PBJ or Chicken

Salad with French Fries

B- Muffin or Toast

L- Chicken Tenders, PBJ or

Egg Salad w/ Broccoli

D- Meatloaf with Peas and

Mashed potatoes & Gravy

B-Breakfast Sandwich or

Toast

L- Hot Roast Beef Sandwich,

PBJ or Tuna with Mashed

Potatoes

D-Stuffed Shells with Salad

B-Toast or Bagel

L-Chicken Quesadilla, PBJ or

Egg salad with Corn

D- BBQ Chicken with Rice and

Green Beans

B-Assorted cereal or

Toast

L-Cheeseburger, PBJ or Tuna

With Baked Beans

D- Beef Stroganoff and Noodles

With Peas

B- Scrambled Eggs with

Sausage Gravy & Biscuit

Or Toast

L- Pizza, PBJ or Chicken Salad

with Baby Carrots

**OCTOBER 2021**

B-Assorted cereal or

Toast

L-Meatball Sub, PBJ or Tuna

With Green Beans

D-Scalloped Potatoes and Ham

With Peas

B-Toast or Bagel

L-, Grilled Cheese, PBJ or

Egg Salad with Tomato Soup

D- Chicken and Biscuit With

Mixed Vegetable

B-Scrambled Eggs with

Hash Brown or Toast

L- French Dip, PBJ or

Tuna with French Fries

D- Spaghetti & meatballs

with Tossed Salad

B- Cinnamon Roll or Toast

L- Buffalo Chicken, PBJ or

Egg Salad w/ Broccoli

D- Roast Beef with Mashed

potatoes & Gravy & Corn

B- Scrambled Eggs with

Sausage Gravy & Biscuit

Or Toast

L- Pizza, PBJ or Chicken Salad

with Baby Carrots