

September 2016

NYSSD

LUNCH



*****Menu is subject to change.
 This institution is an equal
 opportunity provider and employer



Breakfast will be abbreviated as "B" (For Breakfast, Fruit Juice and Assorted milk are available)
 You are allowed to choose 1 Entrée
Lunch will be abbreviated as "L" (For Lunch, Salad, Fruit, and Assorted milk are always available)



Monday

Tuesday

Wednesday

Thursday

Friday



Labor Day
 No School

5

Superintendent's
 Conference Day
 No School

6

B- Assorted cereal w/toast
 L- grilled hot dog
 w/ baked beans, tuna strips,
 PB&J
 D- Lasagna, side salad, assorted salad
 plate

7

B- Muffin & cereal or
 Toast & cereal
 L- Chicken nuggets & broccoli, egg
 salad, PB&J
 D- Pork, mashed potatoes w/gravy,
 vegetable, assorted salad plate

1

B- French toast, or toast
 L- Assorted Pizza, carrot
 Sticks, chicken salad, PB&J
 Have a great weekend!

2

B-Assorted cereal w/ toast
 L- Ravioli & dinner roll, green
 Beans, tuna salad, PB&J
 D- Calzone, tossed salad, vegetable,
 assorted cold plate

12

B- Bagel w/cream cheese or
 Toast
 L- Beef stew w/cheddar biscuit, egg,
 salad, PB&J
 D- Baked chicken, seasoned potatoes,
 carrots, assorted cold plate

13

B- Breakfast pizza or toast
 L- Beef burrito w/ refried beans, tuna
 salad, PB&J
 D- Baked ziti, side salad, assorted cold
 plate

14

B- Danish & cereal or toast &
 Cereal
 L- chicken patty w/broccoli, egg
 Salad, PB&J
 D- Ham and scalloped potatoes,
 vegetable, assorted cold plate

15

B- Waffles or toast
 L- Fish sandwich, sweet
 Potato fries, chicken salad, PB&J
 Have a great weekend!

16

B- Assorted cereal w/ toast
 L- tacos, refried beans,
 Tuna salad, PB&J
 D- Fish & French fries, assorted salad
 plate

19

B- Bagel w/ cream cheese
 Or toast
 L- French dip, French fries, egg salad,
 PB&J
 D- Chicken & biscuit, mixed
 vegetables, assorted salad plate

20

B- Scrambled eggs,
 Hash browns & toast
 L- grilled cheese w/soup, tuna salad,
 PB&J
 D- stuffed shells, side salad, assorted
 salad plate

21

B- Donut & cereal or toast &
 Cereal
 L- Buffalo chicken, celery sticks, egg
 salad, PB&J
 E- roast beef, mashed potatoes
 w/gravy, carrots, assorted fruit plate

22

B- Pancakes or toast
 L- Assorted pizza, carrot
 Sticks, chicken salad, PB&J
 Have a great weekend!

23

B- Assorted cereal w/toast
 L- Chili macaroni, w/dinner
 Roll, tuna salad, PB&J
 D- Beef stroganoff, noodles, assorted
 salad plate.

26

B- Bagel w/cream cheese
 L- Hot roast beef sandwich,
 Vegetable, egg salad, PB&J
 D- BBQ chicken, rice, green beans,
 assorted salad plate.

27

B- Egg McMuffin or toast
 L- Cheeseburger w/ baked
 Beans, tuna salad, PB&J
 D- Spaghetti w/ meatballs, side salad,
 assorted salad plate

28

B- Cinnamon roll, or toast
 L- chicken tenders w/ broccoli,
 Egg salad, PB&J
 D- Meatloaf, mashed potatoes
 w/gravy, vegetable, assorted salad
 plate.

29

B- breakfast pizza,
 L- Fish & fries, coleslaw,
 Chicken salad, PB&J
 Have a great weekend!

30