Active Supervision as a Behavior Management Tool





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Objectives

- Review the research-based approach to behavior management known as Active Supervision
- Explore the role of Pre-correction in behavior management
- Feature an example from a school with 21st Century Community Learning Center programming

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OSEP Center on Positive Behavioral Interventions & Supports Technical Assistance Center at University of Oregon

Illinois PBIS Network

NYS-PBIS Initiative

New York 21st Century Community Learning Centers Technical Assistance Resource Center

Absurd Labels

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just when
you think
you've seen
everything...
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On a Sears hairdryer...

"Do not use while sleeping."



On Nytol Sleep Aid...

"Warning: May cause drowsiness."

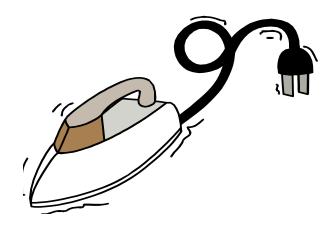


On most brands of Christmas lights...

"For indoor or outdoor use only."



On packaging for a Rowenta iron... "Do not iron clothes on body."



On a bag of Fritos... "You could be a winner! No purchase necessary. Details inside."



On some Swanson frozen dinners... "Serving suggestion: Defrost."



On Tesco's Tiramisu dessert (printed on bottom)... "Do not turn upside down."



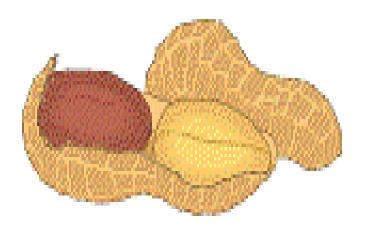
On Boot's Children Cough Medicine "Do not drive a car or operate machinery after taking this medication."



On a Japanese food processor... "Not to be used for the other use."



On Sainsbury's peanuts... "Warning: contains nuts."



On a child's Superman costume... "Wearing of this garment does not enable you to fly."



Pre-Correcting Problem Behavior

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Key Points

- "Pre-" means before; "-Correct" means after
- "Pre-Correction" means <u>anticipating</u> problem behavior and <u>intervening beforehand</u>
- Problem behavior is prevented
- Expected behavior replaces problem behavior

Pre-Correction Steps

- 1. Identify the context (trigger) and predictable problem behavior
- 2. Specify expected (replacement) behavior
- 3. Systematically modify the context
- 4. Conduct behavioral rehearsals
- Provide strong reinforcement for expected behaviors
- 6. Prompt expected behavior
- 7. Monitor student behavior

Pre-Correcting: Anticipating Problems

- Step One: Identify the Context (trigger) & the Predictable Problem Behavior
 - Recess/Collisions
 - Lunch/Horseplay
 - Assembly/Making noise and not paying attention
 - Entry & Exit/Running & unsafe movement
- Step Two: Specifying Expected Behaviors
 - Establish an expected behavior to Replace the problem behavior

Pre-Correcting: Anticipating Problems

Step Three:

- Modify the context beforehand
 - Are efficient environmental changes possible?
 - Example: Students can select other filler activities as soon as they would like to after lunch (recess, books, games, etc.)
- Minimize the changes
 - Introduce as smoothly as possible
- Systematically plan changes
 - Everyone involved is aware beforehand

Modify the context

 Entry and Exit – Identified and rotating students serving as door-holders

 Cafeteria – Activities (games, decks of cards) for students that finish early

 Recess – Structured games where adults conduct/referee

Pre-Correcting: Anticipating Problems

Step Four:

Provide the opportunity to practice and build fluency

Step Five:

- Use Feedback Praise
- Provide other forms of reinforcement if applicable (tangible, recognition)

Pre-Correcting: Anticipating Problems

- Step Six: Prompt Expected Behavior
 - Immediately prior to when behavior is expected
 - Use gestures or words to prompt expected behavior
 - Prompting vs. Nagging

- Step Seven: Monitoring the Plan
 - Design simple system to gather data
 - Frequency count, observations, decrease in ODRs, etc.
 - Analyze data & modify as necessary

Prompts vs. Nagging

Prompts

- Emotionally neutral or positive in delivery
- Gives SPECIFIC directives for behavior (say what to do)
- Discusses behavior

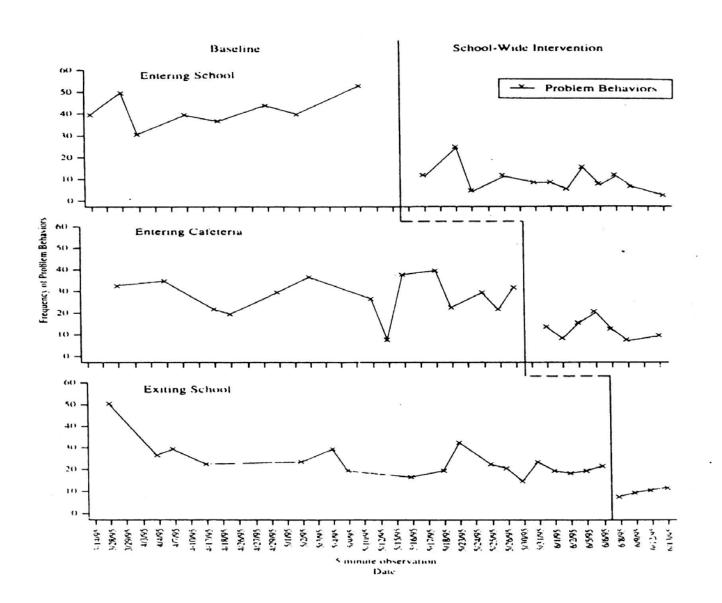
Nagging

- Negative or annoyed tone in delivery
- General statements or slogans, which in unhelpful

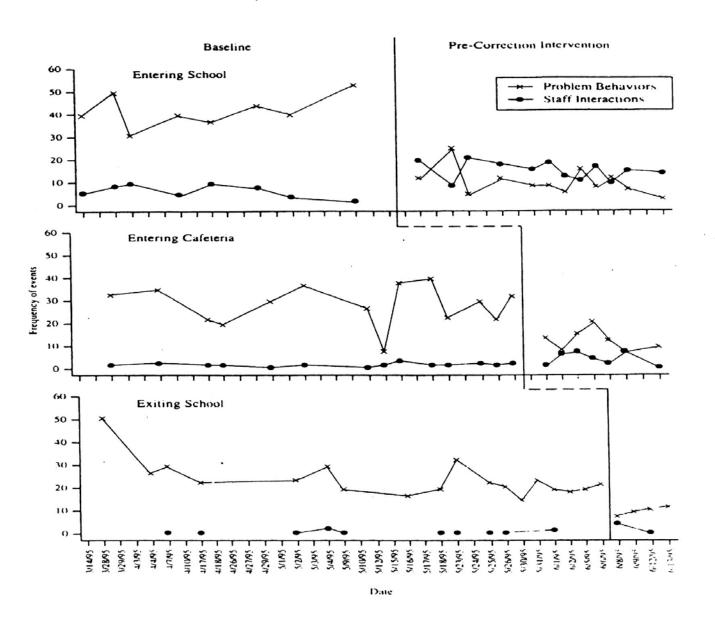
 Discusses character or personality traits

Active Supervision Technique

Study: Colvin, G., Sugai, G., Good III, R.H., & Lee, Y. (1997). *Using active supervision and pre-correction to improve transition behaviors in an elementary school.* School Psychology Quarterly, 12, 344-363.



Effect of Supervisor Interactions on Problem Behavior



Results of Pre-Correction Study

Major Findings:

- Active supervision combined with pre-correction significantly reduced problems
- Active supervision defined as: Moving around, looking around and interacting with children
- Interactions between supervisor and children negatively correlated to high degree (-83%)
- Actual number of adults present did not affect student behavior (range 1-5)
- Some students persisted with problem behavior implying they needed a more individualized intervention.

Research has shown active supervision combined with pre-correction practices have been useful with the following

- Reducing High School Tardy To Class (when paired with escorting students; interaction more important than moving and scanning)
 - (Johnson-Gros, Lyons & Griffin 2008)
- Improving Middle Level (6th grade) Classroom Behavior
 - (De Pry & Sugai 2002)
- Improving Elementary School playground behavior
 - (Lewis, Colvin & Sugai 2000)
- Increasing physical activity in Middle School physical education class
 - (Schuldheisz & van der Mars 2001)

Active Supervision is MIS

Move

Interact

Scan

<u>Move</u>

- Movement should be randomized & you should change direction
- Be on the go, not stopping for more than 5-10 seconds unless necessary for corrective/safety purposes
- Move so that you can see the entire setting (so you see around corners, behind visual barriers, etc.)

<u>Interact</u>

 Interactions with students should be brief & positive, 5-10 seconds

Interactions can be as simple as hello or a wave

 Builds relationships with students & it lends to the presence of the monitor

<u>Scan</u>

 Be moving your eyes, head, and neck throughout

Look all around you as you move

Look & listen

Signs of trouble

- Games/activities breaking up for no reason
- Unusually quiet or noisy
- Kids clumping or encircling another kid
- Kids that are isolating themselves
- Kids that are crying, seem distressed