

A photograph of two hands, one larger and one smaller, holding each other. The larger hand is on the left, wearing a white ribbed sleeve. The smaller hand is on the right, with a darker skin tone. The background is a light blue gradient with faint white hexagonal patterns.

Mental Health Education and Services in Schools

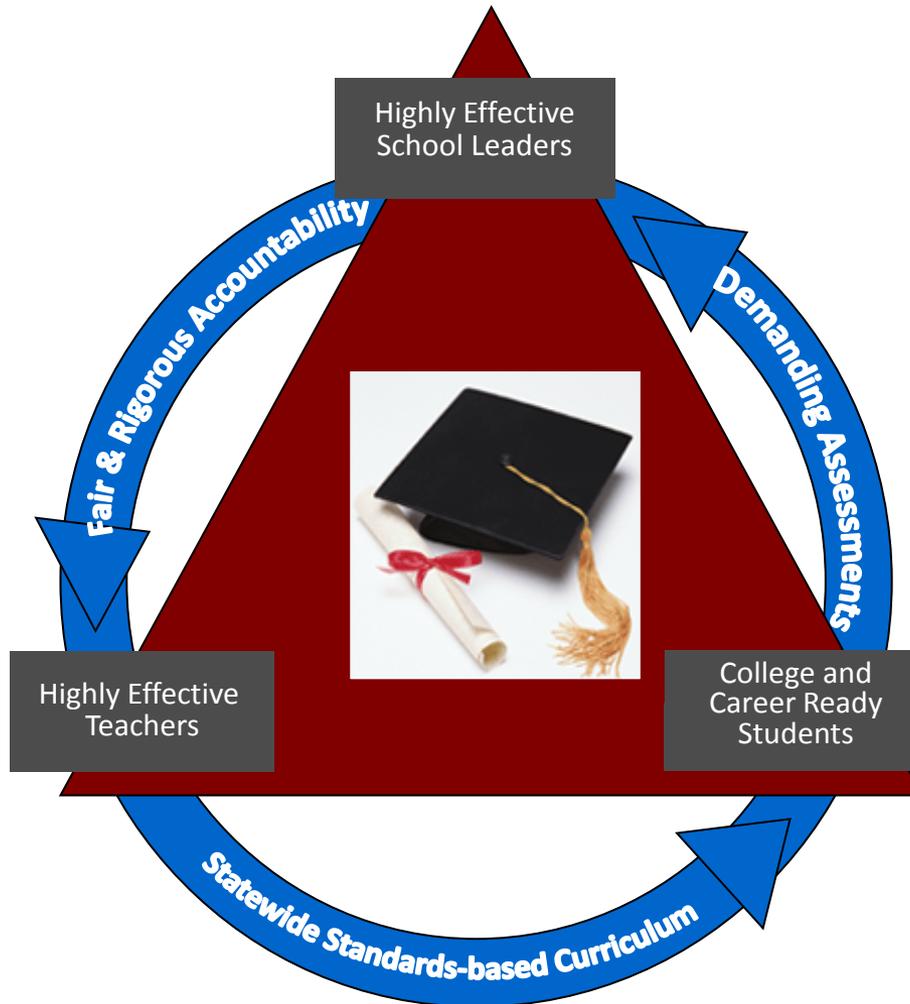
Renee L. Rider,
Assistant Commissioner
Office of Student Support Services
New York State Education
Department



Agenda

- Overview of NYSED's Student Support Services
- Delivery Models that Focus on Mental Health in Education
- Suggested Frameworks to Promote Positive School Climates
- State Agency Partnerships

Regents Reform Agenda



NYS Education Department's Office of Student Support Services

- Pupil Personnel Services
- Expanded Learning Opportunities
- Safe Schools
- Health Services
- Alternative Education
- Early Learning
- Child Nutrition



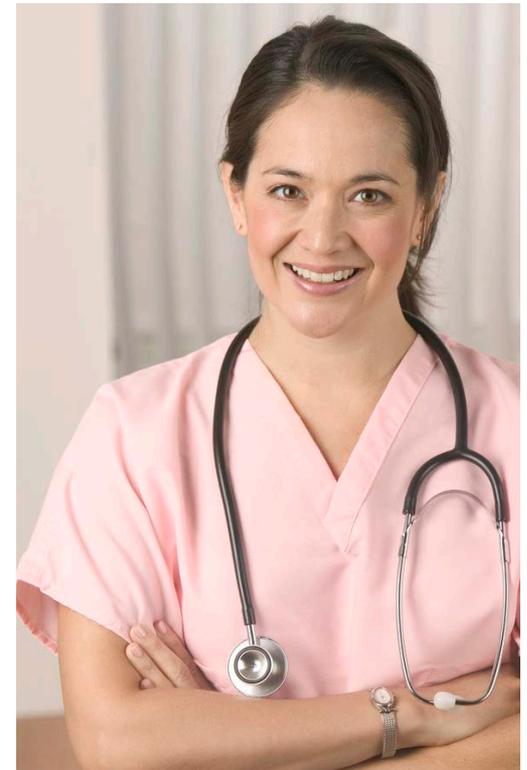
Pupil Personnel Services

- Student Support Services are comprised of Pupil Personnel Staff (PPS). PPS staff include the school counselor, school social worker, school psychologist, school nurse, and school attendance officers. Each one provides expertise in their area that supports the whole child to be successful in school.
- School Counselors- Hold a PPS certificate and provide preventative and responsive services for all students in the academic, college/career and social/developmental domains. They are required in grades 7-12.
- School Social Workers- licensed mental health professionals with a PPS certificate who are expert in assessment, individual and group counseling, and crisis intervention.

Pupil Personnel Services continued

- School Attendance Officers and Teachers- Teachers with a PPS certificate or other personnel who provide focused attention to the issues related to improving student attendance through prevention and intervention.
- School Psychologists- Licensed psychologists with a PPS certificate who are highly trained in both psychology and education. They use varied models and methods of assessment to identify students' needs and develop data driven services and programs.
- School Nurses- Licensed registered professional nurses whose expertise is in nursing practice, health counseling and teaching, and human response to health conditions advances the health of students; thereby maximizing their achievement.

Pupil Personnel Services Advisory Committee- A Department facilitated committee of PPS leaders in their professional organizations. Their mission is to share information and resources with their colleagues so that all students can achieve their potential.





Expanded Learning Opportunities

- 21st Century Community Learning Centers
- Extended School Day/School Violence Prevention Programs
- Community Schools
- Extended Learning Time

21st Century Community Learning Centers

Overview: Since 2003, NYSED has administered this federal program that provides opportunities for academic enrichment, including tutorial services, primarily to help students in high poverty, low-performing schools, to meet State and local achievement standards in core academic subjects.

Eligible Applicants: Public school districts, BOCES, charter schools, private schools, nonprofit agencies, city or county government agencies, faith-based organizations, institutions of higher education, and for-profit corporations that propose to serve students who primarily attend: schools eligible for school-wide programs under Title I, Section 1114 of the No Child Left Behind Act, and the families of these students, or schools with at least 40 percent of its students eligible for free or reduced priced lunch, and the families of these students.

Total Amount: \$78.3M in School Year 2014-15/

Number of Programs: 129 program sites



Extended School Day/School Violence Prevention Programs

Overview: Since 2000, NYSED has administered this State-funded grant program aimed at providing support to students through extended school day and/or school violence prevention programs.

Eligible Applicants: Public school districts and not-for-profit organizations in collaboration with public school districts are eligible to apply.

Total Amount: \$24.3 M

Number of Programs: 103 sites

Community Schools

Overview: NYSED announced 30 awardees in December 2013 and 32 awardees in June 2014 for Community Schools. This program funds plans that target school buildings as community hubs to deliver co-located or school-linked academic, health, mental health, nutrition, counseling, legal and/or other services to students and their families in a manner that will lead to improved educational and other outcomes.

Eligible Applicants: Any public school district that is 1) a high-need school district, or 2) an average-need school district with a minimum Extraordinary Needs percentage of 50%. In New York City, non-profit organizations that collaborate with the school district may apply with approval of the Chancellor of the New York City school district.

Total Amount: \$15 M/year for Round 1 and an additional \$15 M/year for Round 2/ **Number of Programs:** 30 in Round 1; 32 in Round 2 (a total of 62 programs)

Community Schools

Community School Cohorts:

30 Grantees in Cohort 1: SFY 2013-14
(funded through 6/30/16)

32 Grantees in Cohort 2: SFY 2014-15
(funded through 6/30/17)

More information is available at:

Phone: (518) 486-6090,

Email: commschool@nysed.gov

<http://www.p12.nysed.gov/ss/expandedlearningopp/s/CSGI/home.html>



Extended Learning Time

Overview: The purpose of this grant program is to increase school-wide learning opportunities in high-quality extended school day and/or extended school year programs with a focus on improving academic achievement. Awards were announced in June 2014.

Eligible Applicants: School districts operating independently or school districts acting as lead agency in collaboration with not-for-profit.

Total Amount: \$25 M over two years (2014-15 and 2015-16)

Number of Programs: 6



Delivery Models

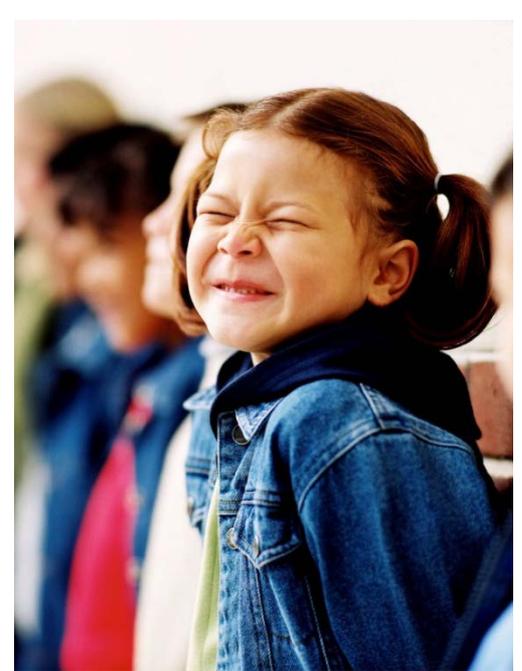
A Focus on Social Emotional Development & Learning

- Positive Behavior Intervention & Supports (PBIS)
- School-based mental health clinics
- School-based health centers
- School safety / violence reduction programs
- Response to Intervention RTI
- Early intervention
- Character education

<http://www.p12.nysed.gov/sss/sedl/SEDLguidelines.pdf>

Positive Behavioral Intervention Services Framework

- PBIS is a research-based approach for schools and districts used to teach positive behavior to all students and offers additional behavioral support for students with or at risk of developing socially challenging behaviors.
- PBIS focuses on creating and sustaining primary (school-wide), secondary (classroom), and tertiary (individual) systems of support that improve results for all students by reducing problem behavior and increasing positive behavior.
- It is a research based, data-driven framework that serves all students which NYSED encourages all schools to consider implementing.
- NYSED's provides technical assistance to school districts to implement PBIS at no-cost:
<http://www.p12.nysed.gov/specialed/techassist/rsetasc/memo909.htm>



School-Based Mental Health Clinics

School-Based Mental Health Clinics offer a wide range of mental health services in schools.

- Located in schools throughout NYS
- Staff are typically licensed social worker, psychologist and psychiatrist
- Private and confidential services.
- Make services more accessible and reduce the stigma associated with mental health treatment by having clinics in environments where children are located
- Access to mental health services in communities where services are scarce
- Fewer discipline problems and distraction from class work
- Partnerships between schools and mental health providers can result in improved academic outcomes
- Programs do not bill parents or students for care. Parents provide insurance information and program bills them directly. If not insured, the Center may be able to help the family obtain public health insurance
- Referrals to other community mental health programs can be made, if needed

Services may include:

- Identification of children with behavioral and emotional health needs
- Assessments, Interviews and Evidence Based Evaluations
- Individual, Group, Family Therapies; and Psychiatric Evaluations
- Consultation with parents, teachers and providing crisis interventions
- Hospitalizations and Specialty Care
- Parent and Teacher trainings on mental health issues

Safe Schools Task Force

- **Jan. 2013:** Board of Regents directed SED to re-establish the NYS Safe Schools Task Force after the Newtown, CT tragedy
- **Co-chairs:** Vice Chancellor Anthony Bottar and Commissioner John King
- **Task Force Members:** school district officials; school personnel; parents; education advocates and union representatives; community health, mental health, social services and law enforcement personnel; Division of Homeland Security & Emergency Services; Division of State Police; Division of Criminal Justice Services and SED staff



<http://www.regents.nysed.gov/meetings/2014/September2014/914p12d6.pdf>

<http://www.regents.nysed.gov/meetings/2014/September2014/SafeSchoolsTaskForce.pdf>

NYS Prevention Policy Academy

- The prevention of mental, emotional and behavioral health disorders (MEB) has emerged as a national priority in the context of overall health care reform.
- In September 2012 New York State was one of seven states selected by SAMHSA to participate in a State Policy Academy on Preventing Mental and Substance Use Disorders in Children and Youth.
- NYS team: OASAS, SED, DOH, OMH, plus CCF, OCFS, Erie County Department of Mental Health, Western New York United, and Native American Community Services of Erie and Niagara Counties.
- New York's delegation strategically chose to identify and recommend specific improvements in NYS data infrastructure to support the integration of services planning and monitoring across agencies for MEB.

NYS Prevention Policy Academy

- MEB Health Promotion efforts are defined as services that enhance the Social Emotional Development and Learning (SEDL) competencies of children in primary school grades K-5 and result in improved population health and wellness.
- As such, the MEB Policy Workgroup designed a strategy that seeks to build a common data set that accommodates existing measurement structures but looks to increase the collection of common data over time.
- The Overall Goal is to develop an improved data infrastructure that would support state and local governments, the schools and service providers to better plan for the integration of multiple and fragmented policy and program efforts at the state, county and community levels.
- This prevention effort also promotes and supports the NYSED's PBIS Initiative.
- http://www.health.ny.gov/prevention/prevention_agenda/2013-2017/plan/mhsa/index.htm

Cross-Systems Committee

The Commissioners' Committee on Cross-Systems Services for Children and Youth is comprised of health, education and human services agencies, and family and youth partners. The Committee focuses on achieving better outcomes for children, youth and families by improving access to services and supports; ensuring quality coordinated services and supports from a qualified workforce; and collaborating to eliminate service barriers between systems. The Commissioners' Committee on Cross-Systems Services for Children and Youth are committed to:

- Engage families and youth directly, listen to their concerns and proposals, and involve them in the design of individualized services and supports across agencies.
- Work together in a new way: more cooperatively, transparently, effectively and efficiently.
- Increase the focus on effective prevention and comprehensive early childhood services, while also focusing better on children with intensive needs requiring services and supports from multiple systems.
- Explore new models for quality and continuity of care, including service coordination and dispute resolution.
- Support the individual goals of other agencies relative to cross-systems children and youth.
- The Commissioners' Senior Staff and Family and Youth Partners Workgroup meet monthly to facilitate communication between local and regional staff and Commissioners. The Commissioners, state agency senior staff and family and youth partners meet quarterly.

Cross-Systems Committee

Family and Youth Partners

- Albany Chapter—Autism Society of America
- Families Together of NYS, Inc.
- Parent to Parent of New York State
- Youth in Progress
- YOUTH POWER!

State Agencies Partners

- Office of Alcoholism and Substance Abuse Services
- Office of Children and Family Services
- NYS Council on Children and Families
- State Education Department
- Justice Center for the Protection of People with Special Needs
- Department of Labor
- Office of Mental Health
- Office for People with Developmental Disabilities
- Office of Probation and Correctional Alternatives
- Office of Temporary and Disability Assistance

A Look Forward

