



## **Schools and Mental Health Partnerships**

Creating the conditions for effective practices and strategies that support mental health for students, staff and families

# **Parsons School-Based Behavioral Health Program**

## **An Array of Services**

- **Early Recognition Screening**
- **Clinical Social Work Services**
- **On Site Psychiatric Services**
- **Case Management Services**
- **Behavioral Specialist ( behavioral Rtl)**
- **Family Support Services**
- **Crisis Planning and Support**
- **On call services**
- **After School Services**

# True Collaboration

- **Shared Mission**
- **Routine Meetings**
- **Metrics**

# Syracuse City School District

- 33 schools
- 21, 000 students
  - 5 High
  - 6 Pre-K thru 8<sup>th</sup> grade
  - 6 Middle (6 - 8)
  - 13 Elementary
  - 3 Alternative

# Syracuse Promise Zone

- Mission
  - Match students' emotional/behavioral needs with effective interventions
  - Keep students in class and ready to learn

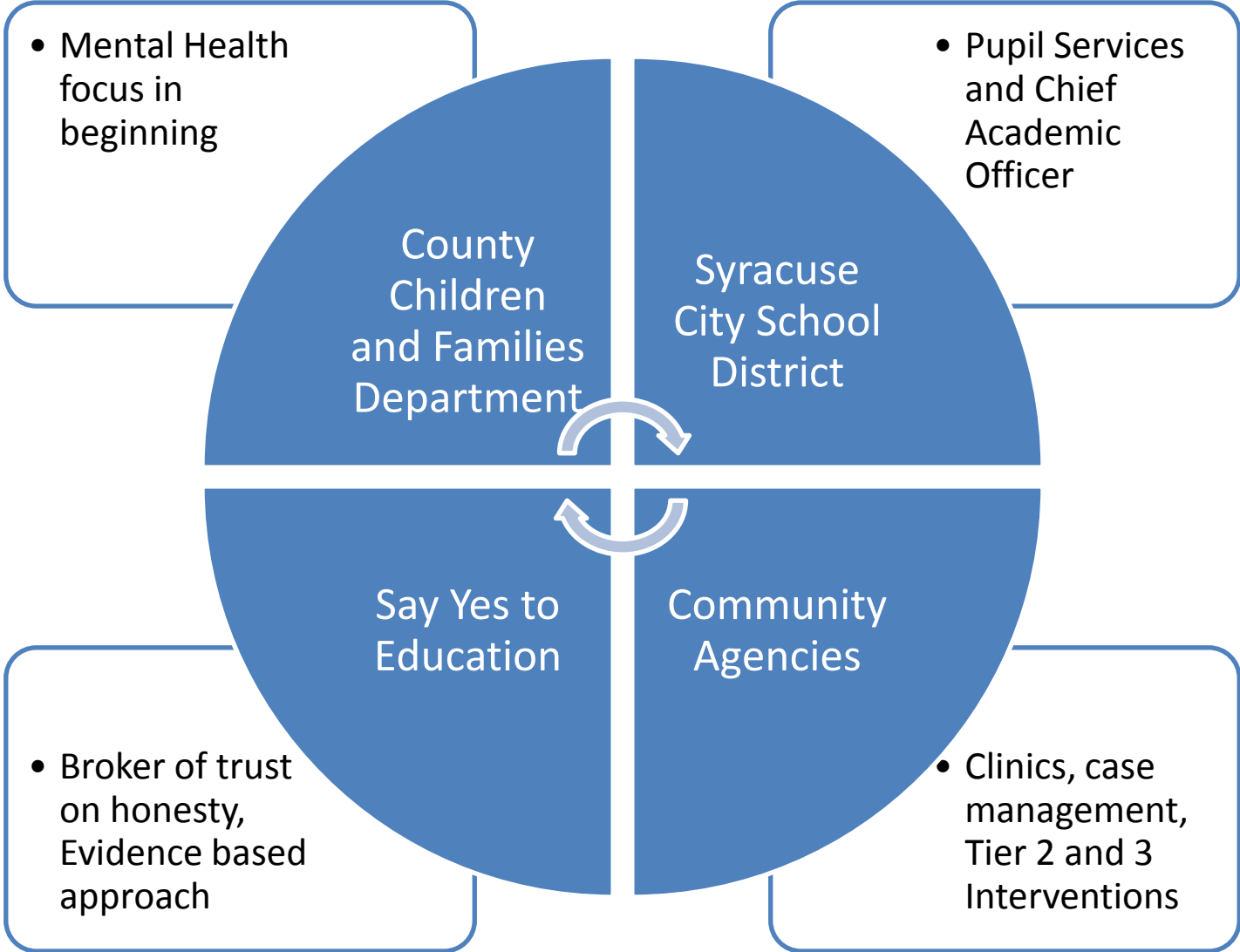
# Increase access to Mental Health Supports District Wide

- **Expand / Establish the following:**
  - **Outpatient Mental Health Clinic Satellites to all schools (10 additional sites since 2010 – 23 total)**
  - **Access to individualized and group supports in each school (31 Promise Zone Specialists)**
  - **Access to family based care coordination services that link with the school team (50 care coordinators)**
  - **Access to skills based groups for youth at risk**
    - **Check in Check Out**
    - **Collaborative Problem Solving**
    - **Project Based Skills Development**

# Integrate into the Multi-Tiered System of Support

- **Establish uniform school based problem solving procedures and process to ensure right kids get right interventions at the right time.**
- **ALL co-located staff participate in school based problem solving teams for youth at risk.**
- **Lead School Social Worker in each school (single point of referral and tracking – with support from the team)**

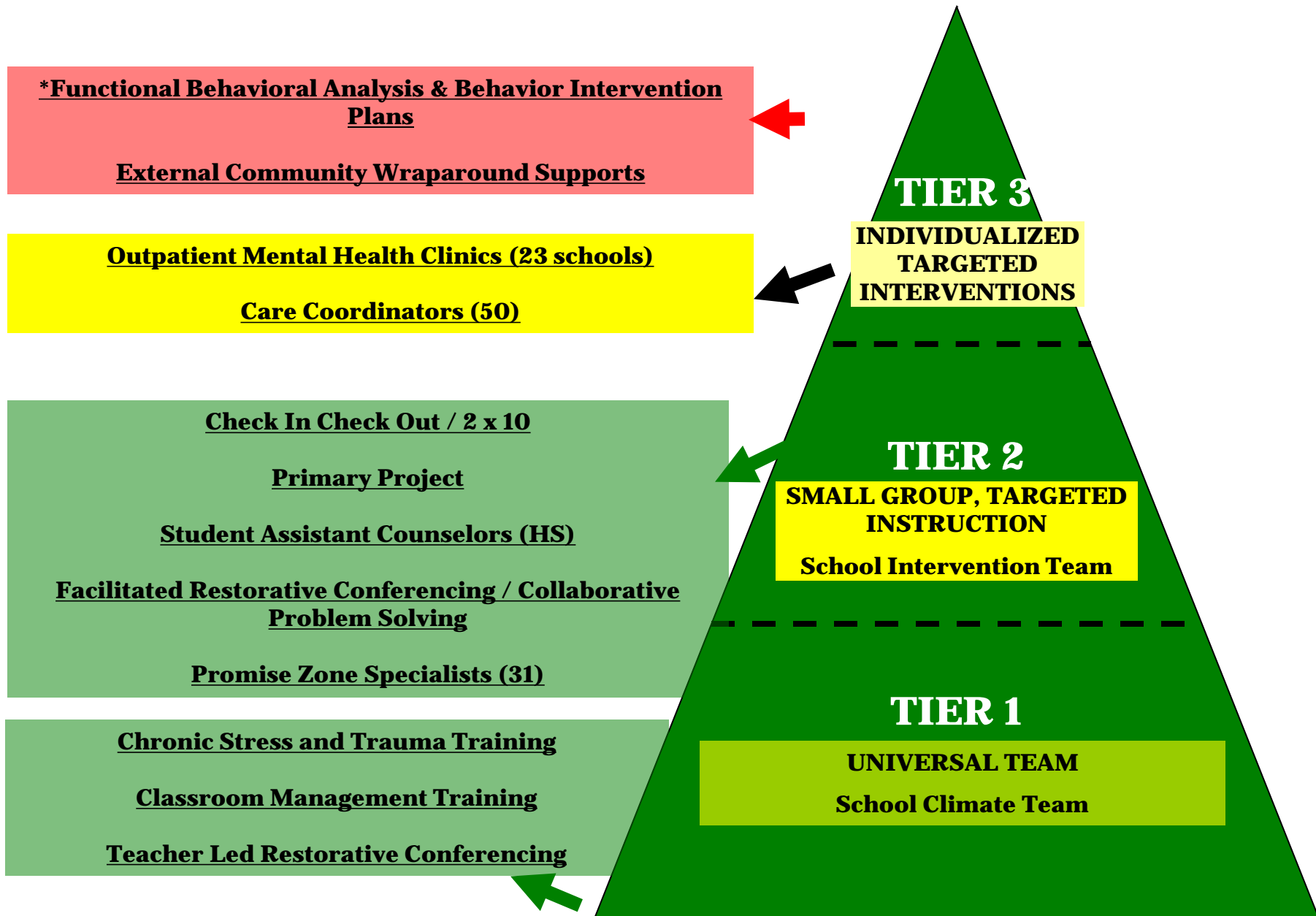
# Syracuse Promise Zone Key Partnerships





# Interventions and Supports

# Problem Solving Teams



# Lessons Learned

- Clearly define what the expectations of both the schools and outpatient mental health offerings will be.
- DATA! DATA! DATA!
- Integrate into a framework (PBIS, RtI, Multi-Tiered System of Support).
- Seek to understand!
  - Get to know the other system's culture.
  - Language and assumptions are the number one reason projects/partnerships get into trouble.
- District Wide focus has greatest impact.

# School-Mental Health Collaboration- Cortland County Experiences

1. Child and Family Clinic Plus->ERS-**2007**
2. Stigma campaign (123 then me, SOS)
3. Provider education events and school participation
4. Homer districts prevention & postvention plan
5. Ripple affects

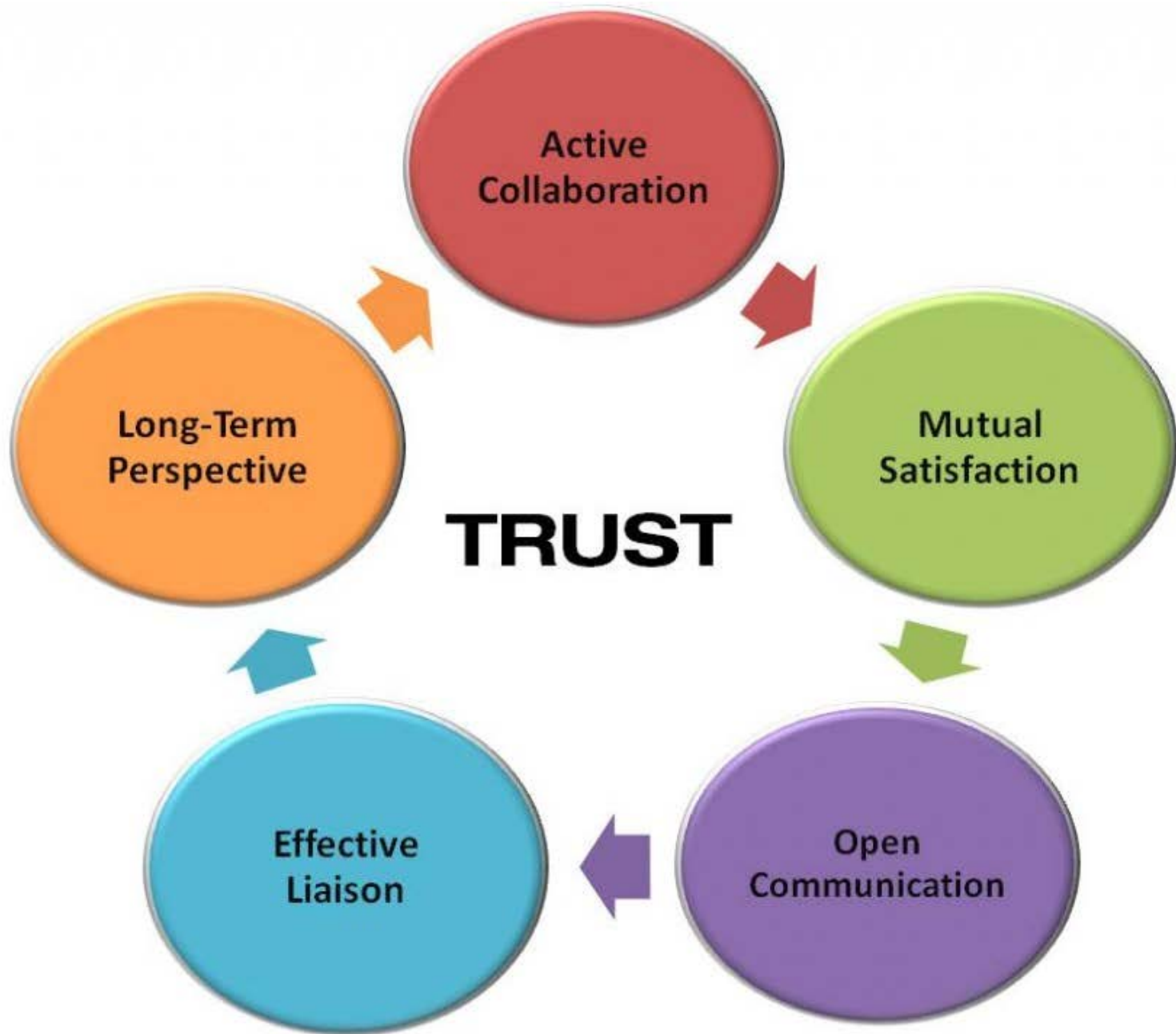


# Essential Ingredients and lessons learned

1. Laying the ground work
2. Being Committed
3. Developing and maintaining relationships
4. Maintain focus

The most  
important trip  
you may take in  
life is meeting  
people halfway.

Henry Boye





**KEEP  
CALM  
STAY FOCUSED**

**AND**

**KEEP YOUR EYES ON THE PRIZE**