



Office of Elementary, Middle, Secondary, and Continuing Education



# School Executive's Bulletin

January 2001

## Blood Glucose Monitoring

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General EMSC  
Information:  
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Children with diabetes have the right to care for their diabetes at school. This right is based on federal laws (Individuals With Disabilities Education ACT [IDEA] and Section 504 of the Rehabilitation Act of 1973) which provide protection against discrimination for children with disabilities, including diabetes. Accordingly, while at school, each child with diabetes must be allowed to do blood glucose monitoring at any time within any place in the school. Blood glucose monitoring is the testing of one's blood sugar with a small portable machine called a blood glucose meter. At times, a child may need assistance with the blood glucose monitoring procedure. In a March 1995 memorandum to schools, blood glucose monitoring was considered a nursing function that could not be delegated to unlicensed persons. It has been determined that blood glucose monitoring may now be performed by anyone in the school setting. Each child with diabetes must be allowed to do blood glucose monitoring and receive assistance, if necessary, with this procedure. If you have any questions on children with diabetes, please call the Comprehensive Health and Pupil Services Team at (518) 486-6090.

For additional information on Blood Glucose Testing please contact the New York Statewide School Health Services Center at:  
585-617-2381 or [www.schoolhealthservicesny.com](http://www.schoolhealthservicesny.com)